



Sláintecare.
**Healthy
Communities**



Barnardos
Because childhood lasts a lifetime



Triple P Positive Parenting for Healthy Living Seminar (for parents and care givers of children 0-12 years)

This seminar focuses on supporting the health and wellbeing of children while offering simple practical strategies that have been proven to work, helping parents raise happy, confident children.

Dates and Venues: March 29th Athlone Library Civic Centre Church St Athlone
April 20th St Kieran's Community Centre Tormey Villas Athlone

Time: 10 am-11.30 am

Facilitators: Theresa Bracken and Miriam Kelly

**For further information and to register, contact Theresa Bracken on:
086-0358569 or email triplepathlone@barnardos.ie**

There is no cost to attend this seminar and all parents and caregivers are welcome



Rialtas Áitiúil Éireann
Local Government Ireland



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